



CAMPER HANDBOOK 2020

Welcome to OVS! We are excited your camper will be joining us this summer. Our goal is to provide a safe and caring environment for campers to connect, contribute and of course, have fun! This handbook is designed to help you prepare for camp and become familiar with camp policies and procedures. Please take the time to read and review the handbook with your camper, and contact us with any questions.

COMMUNITY

The community at OVS is the basis of your camper's summer experience. Learning to work together and contribute to camp is key to a successful summer. Campers should arrive at camp with a cooperative and positive attitude, ready to study and play in their stable group environment. Campers will be guided with respect by camp staff and are expected to treat each other and the faculty and staff with that same respect.

MEETING NEW GUIDELINES

The health and well-being of our campers and staff is our top priority. We intend to follow the guidance of the Centers for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH) and Ventura County Public Health (VCPH). This section follows the current guidelines provided by those agencies as well as the American Camp Association (ACA). Our goal is to provide a healthy summer camp experience that can be run safely in the midst of COVID-19. It will take a combined effort from camp administrators, medical staff, counselors, parents, and campers to ensure the health and safety of all participants is protected.

PARTICIPATION GUIDELINES

To ensure the safety of campers and staff, the following protocols will be in place for Summer Camp:

- Counselors and camp staff will be required to wear face masks when not able to social distance
- Campers will be encouraged to wear face masks, as feasible, when not able to social distance
- Campers and staff members should maintain a social distance of six feet whenever possible
- Frequent hand washing will be encouraged for everyone
- Coughing, sneezing etiquette (into the elbow or tissue) will be discussed to stop the spread of germs
- Desks and work areas will be kept six-feet apart
- Camp activities will adhere to social distancing protocols as feasible
- Classrooms, outdoor group areas, tables, restrooms and campus grounds will be cleaned frequently and sanitized throughout the camp day

COHORT GROUPS

Campers will be assigned to Cohort Groups. These are defined as a group of children consisting of 10 campers and 2 counselors or teachers. The group will be assigned a bathroom facility that only that group will use. Cohort Groups are based on the age of the campers to ensure appropriate interactions between children of similar development for safety during activities. Cohort Groups will rotate through activities scheduled by the camp to ensure no mixing of groups. When outside, groups will meet at designated outdoor areas, such as the athletic fields, for traditional camp songs, announcements, and games.

CONTACT INFORMATION AND DAILY ATTENDANCE

Parents should contact the Camp Office at (805) 646-1423, or by email at campoffice@ovs.org if the camper will not be attending that day, or will be picked up/and or leave early for any reason throughout the day. At the start of the program, parents will receive instruction on how to access the SeeSaw app where OVS and the Camp Staff will post and share pictures, videos and class updates.



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JUNIOR CAMP - DROP OFF and PICK UP at EAST ENTRANCE

ALL OTHER CAMPERS - DROP OFF and PICK UP at WEST ENTRANCE

Campers will arrive between 8:00-8:30 a.m. each morning. Your child's teacher or a staff member will be appointed to greet you at your car, perform a temperature and wellness check, and then walk your camper to his or her designated classroom area. Campers with a temperature of 100.4F or higher will be required to return home until they are clear of symptoms.

Campers should be picked up no later than 4:30 p.m. Placards must be displayed during pick-up to ensure campers are leaving campus with authorized adults. At the end of each day, staff members will escort each camper to their parent's car. Parents of Junior Campers will utilize the EAST entrance; parents of all other campers will utilize WEST entrance (near the stables). Parents will never leave the car. Campers must only carpool with children in their cohort group. NO exceptions.

BUS TRANSPORTATION

OVS can provide daily bus service from Ventura to Ojai for summer campers at a rate of \$100 per week per camper. There is a sibling discount. Our transportation department has taken the necessary health precautions by customizing our buses with socially distanced seating and protocols for safe loading and unloading of passengers. Please contact the Camp Office at (805) 646-1423, or by email at campoffice@ovs.org for details.

MEALS

Our OVS Food Services team prepares fresh meals on-site. Campers will receive boxed lunches and boxed snacks. Campers will eat in their designated areas with peers in their cohort group. Please be sure to list any food allergies, or dietary restrictions, on your camper's health questionnaire form. A temperature and wellness check with your camper will also be conducted daily after lunch.

WHAT TO BRING – Please be sure to label all items

Paper or cloth face covering	Backpack/book bag	Water bottle
One-piece, modest Bathing Suit	Sun hat/baseball cap	Swim shirt/Rash-guard
Beach towel	Crib sheet for nap time in Junior Camp	Swim Goggles
Spray on Sunscreen		

EQUESTRIAN EQUIPMENT

The following equipment is required for those campers who are enrolled in the Equestrian Camp Program:

Tall or Short Paddock Boots	ASTM-SEI approved helmet	Long Pants/Riding Pants
Boot socks	hat, sunscreen, chapstick, bug spray and a water bottle	Shirts with sleeves for Riding

FACE MASKS

Each camper will be asked to bring a face mask or face covering. We encourage all campers to wear face masks as feasible when not able to social distance. Campers should bring their own masks and wash each day to keep it clean and sanitized.



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CELL PHONE / SMART WATCH POLICY

Camp at OVS is a unique opportunity for children to practice independence and make meaningful connections with others in a safe and nurturing environment. Day campers are encouraged to leave their phones at home, however if they are brought to Camp they may not use their phones during the camp day. In the event that a camper does need to call home, a teacher or another school official will contact you on their behalf. We understand this policy may be uncomfortable for some, however we ask that you support it wholeheartedly and allow your child to reap the benefits of independence and personal connections that will be the result.

MONEY/VALUABLES

Campers are discouraged from bringing money or valuables of any kind to camp.

DRESS CODE

Campers are expected to wear clothing and footwear that is modest and appropriate for an active camp program. Attire should be neat, clean, size appropriate, and may not be ripped or torn. Shorts should not be too long, too short, or too tight for active play. Tops should cover undergarments and may not expose midriff.

- Campers should wear T-shirts, shorts, and athletic type shoes for recreational activities, or sandals with straps. Flip-flops are not allowed.
- Clothing relating to alcohol, drugs, violence, death, sexual innuendo, or containing bad language are unacceptable.
- If worn, jewelry must be modest and may need to be removed for safety purposes.
- Piercings are allowed in ears only
- Bathing suits should be modest and appropriate for active swimming and play. One piece suits are encouraged.
- Hair should be one natural color and hairstyles should not be extreme.
- Respect for the camp dress code is an important component of community cooperation, and is expected of all campers. Parents will be notified if campers are dressed inappropriately. Ojai Valley School and Camp assumes no responsibility for lost, stolen, or damaged articles.

HEALTH/MEDICAL

The health and well-being of our campers and staff is our top priority. In establishing our health protocols for camp, we have followed the guidance of the Centers for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH) and Ventura County Public Health (VCPH) as well as the best practices of the American Camp Association (ACA). This includes the Field Guide for Camps for the Implementation of the CDC Guidance from the Environmental Health Engineers (EHE), which was prepared for the ACA. Our goal is to provide a healthy summer camp experience that can be run safely in the midst of COVID-19. It will take a combined effort from the school, camp administrators, medical staff, support staff, counselors, parents, and campers to ensure the health and safety of all participants is protected.

To support these efforts, campers must have all camp health forms, current immunizations, and health insurance information on file prior to the start of Camp. If immunizations are not current, campers will need a medical exemption signed by a Physician, Physician's Assistant or a Nurse Practitioner. During a public health crisis, Ojai Valley School's health policies may be modified to correspond with those interim guidelines set forth by the Centers for Disease Control or the Ventura County Public Health Department.



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The Camp Health Center maintains a team of highly qualified and compassionate nurses who care for all campers. In addition, all camp faculty and staff are CPR and First Aid Certified. The Ojai Valley Community Hospital is located three blocks from Lower Campus, where a physician is on duty 24 hours a day in the unlikely event that an emergency does take place. All OVS Staff members are trained in first-aid and CPR and will take care of those that need a band-aid, ice pack, or a time-out for rest and relaxation.

PRE-SCREENING & COVID EXPOSURE

Prior to arrival at camp, parents will be asked to complete a health screening form requesting a recent health/medical history using a series of questions developed in conjunction with the CDC/EHE. Completed forms will be reviewed by the OVS Health Center staff. Eligible campers will receive a notification email with their ability to participate. Campers who are not eligible will receive a stay-at-home notification. Upon exclusion from the program, reentry is only possible with a medical release or when the participant has met the CDC criteria to discontinue home isolation. If a camper tests positive COVID test during summer camp, or has exposure to a person with a positive COVID test, the camper should be isolated at home for 14 days. The camper will not be permitted to return to camp activities until obtaining a medical release.

Campers and staff who are immunosuppressed (as defined by their medical professional) or live in a home with an immunosuppressed person should carefully consider participation in camp due to the high risk factor. If there are any concerns about this policy, please contact Ojai Valley School to set up a time to discuss the protocol.

PREVENTING SPREAD

Campers and staff will have their temperatures checked each day by the end of lunch. Anyone recording a temperature higher than 100.4 F will have temperature retaken. If the high temperature persists and is still higher than the norm for camp - that camper will be excluded from the afternoon activities and parents will be called to collect their child. Upon exclusion from the program, re-entry is only possible with a medical release or the participant has met the CDC criteria to discontinue home isolation.

HEALTH CENTER PROTOCOLS

Circumstances in which a camper should not attend Camp when they have any of the follow symptoms:

- Temperature is higher than 100.4F
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea/Vomiting/Diarrhea



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HEALTH CENTER PROTOCOLS

Circumstances in which a camper is admitted to the Health Center for observation:

- Temperature is higher than 100.4F
- Nausea/Vomiting/Diarrhea
- Injuries, including all head injuries
- Severe pain/headache
- Allergic reaction
- Illness of unknown etiology
- Any health concern which inhibits class participation
- Circumstances in which a parent is to be notified:
- Any illness or injury requiring further medical assessment
- Camper sustains head injury, or any type of facial injury
- Temperature is higher than 100.4F
- Suspected joint sprains
- Any illness, or symptoms of an illness, that differs from student's historical information
- Dental emergencies
- Demonstration of psychological behavior out of character from student's historical information
- Before and after a doctor visit to relay information regarding diagnosis, treatment and laboratory results
- If a camper requires medication

Circumstances in which a camper may be sent home: (if your child is experiencing any of these symptoms, please keep them home)

- Temperature is higher than 100.4F
- Diarrhea or vomiting
- Any unusual discharge or drainage from the eyes, nose, ears or wounds
- When diagnosed by a doctor as having a communicable disease requiring isolation
- If camper has pediculosis (head lice) and has not received treatment
- When diagnosed with a condition that requires 24 hour observation by a nurse
- Camper requires treatment out of the scope of the school nurse practice
- Camper is found to be a threat to himself/herself or to others
- When diagnosed with an illness requiring intensive education and treatment (example: Diabetes)

When a day camper may come back to camp:

- If camper has been fever-free for at least 24 hours
- If vomiting and/or diarrhea have stopped for 24 hours
- If symptoms of cold/flu are over, may attend school with a minor, clear fluid nasal drip
- If eye irritation and drainage have stopped and medical treatment received
- If an infectious wound is properly covered and medical treatment received
- If after being diagnosed with a communicable disease that requires isolation (i.e. COVID-19), the doctor provides a written release for the student to return to school
- If pediculosis is being effectively treated
- Following a mental health crisis, a doctor provides a written release for the student to return



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- Following surgery, significant injury, or having received a new diagnosis of a major illness, a doctor must provide a written release to attend school and explicit instructions regarding care, medication administration and follow-up treatment

CODE OF CONDUCT

The Ojai Valley School and Camp expects that all campers show respect for each other, the staff, the property of others and the policies and procedures of the school and camp at all times. In recognition of the Camp's responsibilities to the law and the Camp's responsibilities to other members of the community, there are major infractions, which will be handled seriously and may result in immediate dismissal without refund.

They are as follows:

1. Violations involving drugs and alcohol, which include, but are not limited to: Use and/or possession of any harmful drugs or chemicals and/or paraphernalia; use and/or possession of alcohol, use and/or possession of marijuana, use and/or possession of cigarettes, electronic cigarettes or tobacco.
2. Use or possession of any weapons is against camp rules. This includes guns (real or play), knives, slingshots, and any other implement designed for or used to harm or threaten others.
3. Unauthorized absence from camp, or leaving off campus excursions without permission.
4. Violations of honesty, integrity, and consideration of other members of the school community which include but are not limited to: lying, academic dishonesty, stealing, willful property damage, harm to oneself, harm to another camper or threats to others, any activity which would disrupt the operation of camp.
5. Campers may not create a hostile environment for one another, which include teasing, taunting, bullying and/or harassment.
6. Involvement in explicit sexual activity.
7. Violations involving computers and telecommunications including, but are not limited to: misuse of computer equipment; introduction of computer viruses; unauthorized access of on-line services, misuse of electronic mailing services, including telephones, to harass, intimidate or bully the internal or external part or person of the Ojai Valley School and Camp community; use of the internet, computer software or video games involving acts of violence, racial hatred, drugs, alcohol, explicit sex; and misuse of social media.

If you have any questions about Summer Camp, Please contact the Camp Office at (805) 646-1423, or by email at campoffice@ovs.org. Camp Director Eleanora Burright can be reached by email at eburright@ovs.org Assistant Camp Director Ben Malkin can be reached at bmalkin@ovs.org.



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