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# 2021 Jr. Camp Handbook



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**Welcome to OVS! We are excited your camper will be joining us this summer. Our goal is to provide a safe and caring environment for campers to connect, contribute and of course, have fun!**

**This handbook is designed to help you prepare for camp and become familiar with camp policies and procedures. Please take the time to read and review the handbook with your camper, and contact us with any questions.**

## **2021 Summer Camp Dates**

### **Session One:**

June 28 - July 9

### **Session Two:**

July 12 - July 23

### **Session Three:**

July 26 - August 6



At OVS, we work with intention to make camp a place where everyone:



**Feels at home, safe & secure**

**Practices kindness & respect**



**Supports learning & growth**

**Celebrates new adventures  
& challenges**



**Experiences laughter,  
joy & silliness!**

## Jr. Camp Table of Contents

Camp Community	3
Meeting New Guidelines	3
Participation Guidelines	3
Pre-Screening & COVID exposure	4
Preventing Spread	4
Cohort Groups	4
Daily Attendance	5
Daily Drop-off/Pick Up	5
Day Bus	5
Field Trips	5
Health & Medical	6
Health Center Protocols	7
Meals	9
Medication	9
Summer Camp Contacts	9
Swimming	9
What to Bring	10
Jr. Camp Daily Schedule	10



## Camp Community

The community at OVS is the basis of your camper's summer experience. Learning to work alongside others and contribute to camp is key to a successful summer. Campers should arrive at camp with a cooperative and positive attitude, ready to learn and play in a group environment. Campers will be guided with respect by camp staff and are expected to treat each other and the faculty and staff with that same respect. As a part of the community, campers will pitch in with crew jobs, cafeteria clean up, grounds and classroom upkeep.



## Meeting New Guidelines

The health and well-being of our campers and staff is our top priority. We intend to follow the guidance of the Centers for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH) and Ventura County Public Health (VCPH). This section follows the current guidelines provided by those agencies as well as the American Camp Association (ACA). Our goal is to provide a healthy camp experience that can be run safely in the midst of **COVID-19**. It will take a combined effort from camp administrators, medical staff, counselors, parents, and campers to ensure the health and safety of all participants is protected.

## Participation Guidelines (*COVID-19 Protocols*)

To ensure the safety of the campers and staff, the following protocols will be in place for Summer Camp:

- Counselors and camp staff will be required to wear face masks
- Campers will be encouraged to wear face masks, as feasible, except for certain outdoor activities
- Campers and staff members should maintain a social distance of six feet whenever possible
- Frequent hand washing will be encouraged for everyone
- Coughing, sneezing etiquette (into the elbow or tissue) will be discussed to stop the spread of germs
- Desks and work areas will be kept six-feet apart
- Camp activities will adhere to social distancing protocols as feasible
- Classrooms, outdoor group areas, tables, restrooms and campus grounds will be cleaned frequently and sanitized throughout the camp day

## **Pre-screening & COVID Exposure**

Prior to arrival at camp, parents will be asked to complete a health screening form requesting a recent health/medical history using a series of questions developed in conjunction with the CDC/EHE. Completed forms will be reviewed by the OVS Health Center staff. Eligible campers will receive a notification email with their ability to participate. Campers who are not eligible will receive a stay-at-home notification. Upon exclusion from the program, reentry is only possible with a medical release or when the participant has met the CDC criteria to discontinue home isolation. If a camper tests positive COVID test during summer camp, or has exposure to a person with a positive COVID test, the camper should be isolated at home for 14 days. The camper will not be permitted to return to camp activities until obtaining a medical release.

Campers and staff who are immunosuppressed (as defined by their medical professional) or live in a home with an immunosuppressed person should carefully consider participation in camp due to the high risk factor. If there are any concerns about this policy, please contact Ojai Valley School to set up a time to discuss the protocol.

## **Preventing spread**

Temperature and COVID-symptom assessments will be taken daily upon arrival to camp at designated entrances and again during the day. If a camper has a temperature greater than 99.5 F, and/or COVID-19 symptoms (fever, cough, shortness of breath, chills, muscle pain, sore throat, loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea), or has recently had close contact with a person with COVID-19, the camper will be sent home immediately and not permitted to attend camp until cleared by a medical professional. Pursuant to state guidelines, it is safe to return to camp 10 days after the onset of symptoms, 24 hours fever-free with no medications, and general improvement of symptoms.

## **Cohort Groups**

Campers will be assigned to Cohort Groups. These are defined as a group of children consisting of 10 campers and 2 counselors or teachers. The group will be assigned a bathroom facility that only that group will use. Cohort Groups are based on the age of the campers to ensure appropriate interactions between children of similar development for safety during activities. Cohort Groups will rotate through activities scheduled by the camp to ensure no mixing of groups. When outside, groups will meet at designed outdoor areas, such as the athletic fields, for traditional camp songs, announcements, and games.

### **Daily Attendance & Contact Information**

Parents are asked to contact the Camp Office if campers will not be attending camp or will be picked up/and or leaving early for any reason throughout the day. We will communicate with families using the email and phone contact information provided on your admission form. Please make sure your contact information is current, so you receive the most up-to-date camp information. If you wish to reach us with questions or concerns, please contact the main office or the appropriate administrator.

### **Daily Drop-Off & Pick-Up**

- Jr. Camp drop off begins at 8:00 a.m. Class begins @ 8:30 a.m.
- Jr. Camp ends at 4:00 p.m. and campers must be picked up no later than 4:30 p.m.
- Parent/Guardians will be asked to sign a waiver for signing campers in & out
- Jr. Camp Parents should enter the school via the EAST entrance for Jr. Camp pick-up

### **Day Bus**

OVS provides a day bus for campers living in the Ventura area. There is an additional fee for this service. There is a sibling discount. Our transportation department has taken the necessary health precautions by customizing our buses with socially distanced seating and protocols for safe loading and unloading of passengers. The bus stop is located at **Marina Park, 1400 Greenock Lane, Ventura**. Contact the Admission Office at [summer@ovs.org](mailto:summer@ovs.org) to complete Day Bus forms.

### **Field Trips**

Activities and offerings will be adjusted in accordance with current Ventura County Public Health Guidelines.

## Dress Code

Campers are expected to wear clothing and footwear that is modest and appropriate for an active camp program. Our goal is to focus on what campers are doing, not what they are wearing. Camp clothing will get dirty and worn so please don't send your camper in their best items. All clothing items should be marked with camper's FULL name in indelible ink or sew on patches. Respect for the camp dress code is an important component of community cooperation, and is expected of all campers.

- Attire should be neat, size appropriate, cover undergarments and may not be ripped or torn.
- Campers should wear T-shirts, shorts and athletic type shoes for recreational activities.
- Athletic shoes or sandals with heel straps are required at camp.
- If worn, jewelry must be modest and may need to be removed for safety purposes.
- Bathing suits should be one piece and appropriate for active swimming and play, pool shoes are advised.
- Clothing relating to alcohol, drugs, violence, death, sexual innuendo or containing bad language are unacceptable.



## Health & Medical

Campers must have all camp health forms, current immunizations and health insurance on file prior to May 21, 2021. If immunizations are not current, campers will need a medical exemption signed by a Physician, Physician's Assistant or a Nurse Practitioner.

The Camp Health Center maintains a team of highly qualified and compassionate nurses who care for all campers. In addition, all camp faculty and staff are CPR and First Aid Certified. Ojai Valley Community Hospital is located three blocks from Lower Campus, where a physician is on duty 24 hours a day in the unlikely event that an emergency does take place.

## Health Center Protocols

### Circumstances in which a student is admitted to the Health Center for observation:

- Fever
- Nausea/Vomiting/Diarrhea
- Injuries, including all head injuries
- Severe pain/headache
- Allergic reaction
- Illness of unknown etiology
- Any health concern which inhibits class participation



### Circumstances in which a parent is to be notified: *(if your child is experiencing any of these symptoms please keep them home)*

- Any illness or injury requiring further medical assessment
- Camper sustains head injury, or any type of facial injury
- Fever over 100 degrees – orally
- Suspected joint sprains
- Any illness, or symptoms of an illness, that differs from student's historical information
- Dental emergencies
- Demonstration of psychological behavior out of character from student's historical information
- Before and after any doctor's visit to relay information regarding diagnosis, treatment and laboratory results
- If a camper requires medication
- Before any credit card number on file is used for medical services or medication purchased

### Circumstances in which a student may be sent home:

- Fever over 100 degrees – orally
- Diarrhea or vomiting
- Any unusual discharge or drainage from the eyes, nose, ears or wounds
- When diagnosed by a doctor as having a communicable disease requiring isolation

- If camper has pediculosis (head lice) and has not received treatment
- When diagnosed with a condition that requires 24 hour observation by a nurse
- Camper requires treatment out of the scope of the school nurse practice
- Camper is found to be a threat to himself/herself or to others
- When diagnosed with an illness requiring intensive education and treatment (example: Diabetes)

**When a student may come back to camp:**

- If camper has been fever-free for at least 24 hours
- If vomiting and/or diarrhea have stopped for 24 hours
- If symptoms of cold/flu are over, may attend school with a minor, clear fluid nasal drip
- If eye irritation and drainage have stopped and medical treatment received
- If an infectious wound is properly covered and medical treatment received
- If after being diagnosed with a communicable disease that requires isolation (i.e. Chicken Pox), the doctor provides a written release for the student to return to school
- If pediculosis is being effectively treated
- Following a mental health crisis, a doctor provides a written release for the student to return
- Following surgery, significant injury, or having received a new diagnosis of a major illness, a doctor must provide a written release to attend school and explicit instructions regarding care, medication administration and follow-up treatment



***All medical releases, orders and recommendations written by a licensed doctor or nurse practitioner must be submitted to the Health Center, which will then confidentially convey the information to the appropriate staff members.***

***During a public health crisis, Ojai Valley School's health policies may be modified to correspond with those interim guidelines set forth by the Centers for Disease Control or the Ventura County Public Health Department.***

## Meals

Meals are freshly prepared on-site by our OVS food service team. Included in tuition, Jr. campers receive morning and afternoon snack as well as lunch. Please make sure to list any allergies on your camper's health forms. If you have concerns about your child's dietary needs, please contact the Director of Summer Programs. We can accommodate most needs, but will consult with health and kitchen staff if allergies are severe.

## Medication

All camper medication must be turned into the Health Center one week prior to the start of camp. These medications are stored in the Health Center and administered by Health Center staff. All medication(s) must be labeled in English with the camper's name, dose, frequency, expiration date and name of prescribing physician. All changes in medication administration must be submitted to the Health Center in writing by the prescribing physician. Contact the Health Center at (805) 640-1423 ext. 1238 or email [healthcenter@ovs.org](mailto:healthcenter@ovs.org) for questions or additional information.



## Summer Camp Contacts

### Camp Office

(805) 646-1423 [campoffice@ovs.org](mailto:campoffice@ovs.org)

### Director of Summer Programs

Eleanora Burrright- [eburrright@ovs.org](mailto:eburrright@ovs.org)

### Co-Camp Director

Ben Malkin- [bmalkin@ovs.org](mailto:bmalkin@ovs.org)

### Academic Coordinator-

John Rowan- [jrowan@ovs.org](mailto:jrowan@ovs.org)

## Swimming

Each day Jr. Campers will visit the pool for water play. Certified lifeguards and swim instructors work with small groups of campers to ensure they feel safe and supported at the pool. Campers are grouped by swimming ability (non-swimmers will have water play) and swimmers will work on improving swimming skills and building water confidence. Our goal is for all campers to enjoy the pool.

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## What to Bring To Camp (label all items)

- 2 face masks daily
- One piece bathing suit appropriate for active swimming and a rash guard
- Daypack
- Camp issued water bottle
- Pool towel
- Sun hat/baseball cap
- Spray sunscreen
- Change of Clothes in a labeled ziplock bag
- Crib sized sheet (3-4 year olds)



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## Junior Camp Daily Schedule

8:00 a.m.	Campus Opens / Drop off
8:30 a.m. - 8:45 a.m.	Opening Circle, Songs & Attendance
8:45 a.m. - 9:45 a.m.	Learning Stations, Small Group Instruction, Art Projects
9:45 a.m. - 11:00 a.m.	Snack, Outdoor Play Stations, Prep for Lunch & Swim
11:00 a.m. - 11:35 a.m.	Lunch
11:45 a.m. - 12:30 p.m.	Water play / pool fun
12:30 p.m. - 1:00 p.m.	Quiet Time, Reading & Stories
1:00 p.m. - 3:30 p.m.	Science, Art, Barn Visits, Music, Cooking, Water Play, Snack
2:00 p.m. - 3:00 p.m.	Rest Time (3-4 year olds)
3:30 p.m. - 3:55 p.m.	Outside Play, Games, Races, Special Events, Parent Pick-up
4:00 p.m.	Camp day ends / Pick-up